



WINDOW ROCK UNIFIED SCHOOL DISTRICT #8 FOOD SERVICE DEPARTMENT



APRIL 2008

	TUESDAY 1	WEDNESDAY 2	THURSDAY 3	FRIDAY 4
	<u>BREAKFAST</u> Cereal, Variety Blueberry Muffin Chilled Fruit <u>LUNCH</u> Cheeseburger on bun Lettuce, tomato, ketchup French Fries Fresh Fruit, Asst.	<u>BREAKFAST</u> Brkfst Burrito w/Salsa Fruit Juice Asst. <u>LUNCH</u> Chicken Nugget French Fries Mixed Vegetables Chilled Fruit	<u>BREAKFAST</u> Cereal, Variety WW Toast w/ jelly Chilled Fruit <u>LUNCH</u> Pizza w/cheese topping Tossed Salad Asst. salad dressing Chilled Fruit	<u>BREAKFAST</u> French Toast Pancake Syrup Sausage Links <u>LUNCH</u> Chicken Fajitas Shredded Lettuce Spanish Rice Fruited Jell-O
MONDAY 7	TUESDAY 8	WEDNESDAY 9	THURSDAY 10	FRIDAY 11
<u>BREAKFAST</u> Scrambled Eggs WW Toast & Hashbrowns Chilled Fruit <u>LUNCH</u> Chick on Bun Lettuce & Tomato French Fries Fresh Apple	<u>BREAKFAST</u> Pancakes w/butter, syrup Sausage Patty Fruit Juice, Asst. <u>LUNCH</u> Hamburger on Bun Mustard, Ketchup, Pickles Pork & Beans Potato Wedges Fruited Jello	<u>BREAKFAST</u> Biscuit & Gravy Sausage Patty Fruit Juice, Asst. <u>LUNCH</u> Spaghetti & meat sauce Tossed Salad Ranch Dressing WWheat Roll Chilled Fruit	<u>BREAKFAST</u> Cereal, Variety Plain Bagel/Crm Cheese Banana <u>LUNCH</u> Chicken Chop Suey White Rice Chinese style vegetables Fortune Cookies Pineapple	<u>BREAKFAST</u> Breakfast Pizza Cereal, Variety Chilled Fruit <u>LUNCH</u> Burrito Shredded Lettuce/Tomato Spanish Rice Fruited Jell-O Juice Bar
MONDAY 14	TUESDAY 15	WEDNESDAY 16	THURSDAY 17	FRIDAY 18
<u>BREAKFAST</u> Oatmeal WW Toast & Jelly Chilled Fruit <u>LUNCH</u> Sloppy Joe on Bun Lettuce, Tomato French Fries Chilled Fruit	<u>BREAKFAST</u> Brkfst Burrito/salsa Orange halves Cereal, Variety <u>LUNCH</u> Hot Turkey Sandwich Mashed Potatoes Brown Gravy - Gr. Beans Fresh Fruit, Asst.	<u>BREAKFAST</u> Cereal, Variety C. Raisin Bagel/Crm Cheese Fruit Juice, Asst. <u>LUNCH</u> Barbecued Chicken Corn-on-the-Cob WWheat Roll Fresh Apple	<u>BREAKFAST</u> Scrambled Eggs Toast, Hashbrowns Chilled Fruit <u>LUNCH</u> Chili Macaroni Corn WWheat Roll Chilled Fruit	<u>BREAKFAST</u> Cereal, Variety English Muffins/jelly Fruit Juice, Asst. <u>LUNCH</u> Deli Sub Lettuce, Tomato, Pickles Baked Potato Chips Fresh Apple
MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25
<u>BREAKFAST</u> Scrambled Eggs w/sausage Cereal, Variety Chilled Fruit <u>LUNCH</u> Taco Salad Fruit Cocktail Milk, Variety	<u>BREAKFAST</u> Cereal, Variety Bagel/Crm Cheese/Jelly Fresh Fruit, Asst. <u>LUNCH</u> Spaghetti & meat sauce WWheat roll Tossed Salad Chilled Fruit	<u>BREAKFAST</u> Biscuits, Sausage patty Cereal, Variety Chilled Fruit <u>LUNCH</u> Chicken Nugget French Fries Green Beans Juice Bar	<u>BREAKFAST</u> Cereal, Variety Blueberry Muffin Fresh Fruit, Asst. <u>LUNCH</u> Hamburger on Bun Lettuce, Tomato, Pickles Tater Tots Fruited Jello	<u>BREAKFAST</u> Biscuit & Gravy Sausage Patty Chilled Fruit <u>LUNCH</u> Beef Taco Refried Beans Salsa Fruit Juice, Asst.
MONDAY 28	TUESDAY 29	WEDNESDAY 30	<u>BREAKFAST</u> Student Full Price \$.50 Reduced Price \$.30 Adult Meal \$ 1.00 <u>LUNCH</u> Student Full Price \$ 1.15 Reduced Price \$.40 Adult Meal \$ 2.00	
<u>BREAKFAST</u> Cereal, Variety WW Toast/Jelly Fruit Juice, Asst. <u>LUNCH</u> Pizza w/ Ground Beef Topping Tossed Salad w/ dressing Juice Bar	<u>BREAKFAST</u> Scrambled Eggs WW Toast, Hashbrowns Fresh Fruit, Asst. <u>LUNCH</u> Corn Dog French Fries Pork & Beans Chilled Fruit	<u>BREAKFAST</u> Cereal, Variety Cheese Toast Chilled Fruit <u>LUNCH</u> Chicken & Noodles Tossed Salad WWheat Roll Fresh Fruit, Asst.		

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Variety of 1% & skim Milk Served with all Meals